COMPARATIVE CHARACTERISTICS OF THE CYTOKINE POOL IN PATIENTS WITH PSORIASIS AND LICHEN PLANUS

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Heading	ORIGINAL RESEARCHES
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Annotation	Objective: to assess the level of interleukin-4 (IL-4), interleukin-8 (IL-8) and interleukin-17 (IL-17) in the serum of patients with psoriasis and lichen planus. Materials and methods: The study was performed on two groups of patients with a confirmed diagnosis of psoriasis and lichen planus. The first group consisted of 50 patients with psoriasis, including 19 female and 31 male, the average age was 41.4 years. The second group included 50 patients with lichen planus, including 22 female and 28 male, with a mean age of 41.2 years. The control group consisted of 15 healthy individuals, whose indicators were considered normal. The level of IL-4, IL-8 and IL-17 in the serum was determined by enzyme-linked immunosorbent assay. Results: Our study revealed a tendency to increase of IL-4 in patients with psoriasis and a significant decrease in this indicator by 75% in patients with lichen planus and a unidirectional increase in IL-8 and IL-17 in patients with psoriasis and lichen planus (by 84% and 85%, respectively, in psoriasis and by 76% and 71%, respectively, in lichen planus) compared with healthy donors. Conclusion: Deep deviations of cytokine balance in patients with lichenoid dermatoses, which had a multidirectional nature with respect to IL-4 (tendency to increase by 16% in psoriasis and a significant decrease by 75% in lichen planus) and unidirectional nature with respect to IL-8 and IL-17 (increased 84% and 85%, respectively, in psoriasis and an increase of 76% and 71%, respectively, in lichen planus) have been revealed in our study.
Tags	*psoriasis, lichen planus, pathogenesis, diagnostics, clinical manifestations, chronic dermatoses, interleukins*
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