**SEBORRHEIC DERMATITIS AND MALASSEZIA SPP.**

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| **Heading** | CLINICAL OBSERVATIONS |
| **Type of article** | Scentific article |
| **Annotation** | The objective of the work was the identification of Malassezia spp. in patients with  seborrheic dermatitis.  Materials and methods. We observed 57 patients with seborrheic dermatitis between  the ages of 18 and 57 years. The average age of patients was 27.5 years. All the patients  with seborrheic dermatitis were examined by the following methods: examination of the  skin, microscopic and bacteriological examination, general and biochemical blood analysis, urinalysis, and consideration of the patient’s subjective sensations.  Results and its discussion. Among patients with seborrheic dermatitis, a fatty clinical form  was established in 33 (57.9%), mixed in 17 (28.8%) and dry in 7 (12.3%) patients.  A comprehensive microbiological examination of 57 patients with seborrheic dermatitis  allowed to detect Malassezia spp. in 87.7% of patients. The disease often began during  puberty. Dermatitis had a long course with frequent relapses, mainly in the autumn-winter  period and due to a violation of the diet.  Conclusions. The presence in 87.7% of patients Malassezia spp. confirms its role in the  development and maintenance of recurrence of seborrheic dermatitis, which a doctor  must consider while planning a complex treatment. |
| **Tags** | seborrheic dermatitis, Malassezia spp., complex treatment |
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