**PEELING IN DERMATOCOSMETOLOGY**

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| **About the author:** | Y.M. Yurchik, M.Е. Barinova |
| **Heading** | CLINICAL OBSERVATIONS |
| **Type of article** | Scentific article |
| **Annotation** | Objective. The goal is to evaluate the effectiveness of external therapy using individually  selected peel techniques in patients with dermatocosmetological problems.  Materials and methods. The observation results of 50 patients aged 18–45 years, who  received an individual topical exfoliative treatment are presented.  Results. A significant improvement was noted in the most cases, including the patients  with chronic recurrent dermatoses. The results were evaluated as positive, side effects  and complications were not registered.  Conclusions. The use of adequate schemes of exfoliating therapy allows to achieve  a significant clinical effect in the treatment of various dermatoses. It occurs in a short time  with minimal risk of complications. |
| **Tags** | peeling, dermatocosmetology, psoriasis, atopic dermatitis, acne, rosacea |
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